

# Rochester Parks & Rec Kickball Rules

## POINTS OF INTEREST:

1. Kickballs will be provided.
2. A team consists of eight players. A minimum of six is needed to start and continue a game.
3. Games are 9 innings or 55 minutes. Kickball is played on a regulation softball field.
4. Three outs per inning.
5. The batter is out in situations similar to softball (forceouts, popouts, etc.) In addition, a runner is out when he/she is hit by thrown ball **at the shoulders or below (2015 rule change)**.
6. The ball is put in play when the pitcher (a player on the defensive team) rolls the ball toward home plate and the batter attempts to kick the ball. The batter must wait for the ball to be within three feet of home plate before kicking the ball. If the batter does not like the pitch, he/she should not attempt to kick it, and another pitch will be thrown. There are no strikeouts or walks. A batter gets only one attempt at kicking the ball. A missed attempt or foul ball is an out.
7. A runner who leaves the base before the pitch reaches home plate or is hit, is out and the ball is dead. Leading off and stealing bases between pitches is not allowed.
8. In order to prevent injury and protect the defensive player attempting to make a play on a base runner, the base runner must be called out, if he/she remains on his/her feet, and deliberately, with great force crashes into a defensive player holding the ball, waiting to apply a tag. If the act is determined to be flagrant, the offender shall also be ejected.
9. Bunting will not be permitted and is a dead ball and an automatic out.

## GENERAL:

1. Shoes must be worn by all players. No metal, hard plastic, or polyurethane spikes or shoes with detachable cleats are allowed. Softball cleats are allowed.
2. Forfeit time has been established as game time.
3. Second team listed on schedule is the home team.
4. A game will consist of 9 innings, however, no new inning may begin after 55 minutes has elapsed from the time the game began, unless the score is tied. In the event of rain, or 10 run rule, 5 innings (4 ½ if the home team is ahead) will constitute a game (or at least 45 minutes have been played).
5. Injured runner: If an accident to a batter-runner or baserunner prevents him/her from proceeding in the game, a substitute runner of the same sex will be permitted. If no substitutes are available, the player of the same sex who made the last out will run.
6. No infield practice is allowed after the first inning.
7. Any player can play any position defensively.
8. The catcher's position is not needed in the game.

## CO-REC MODIFICATIONS:

1. A female may only substitute for a female, a male for a male.
2. Teams must alternate positions in the batting order by gender. If a team has less than 10 players, positions must be alternated in the batting order as far down the order as possible. If a team is playing with more than 50 percent of one gender, a player of the majority gender must bat first (see sample batting order on Page 2).
3. Males and females do not have to alternate defensively on the bases or in the outfield. The pitcher can be of either gender. **The 4 other infielders should be 2 males and 2 females. The other 3 defensive players will make up the outfield players (2018 clarification).**

4. **ALL** outfielders will be required to remain in the outfield grass during a pitch until the ball reaches the plate or is swung at by the batter (2018 Clarification). If the ball is caught by an outfielder who was illegally in the infield at the time of the kick, the ball is dead. The batter is awarded first base and all runners are awarded one base whether they are forced to advance or not. If the ball is not caught, a delayed dead ball shall be called. If the batter reaches first base and all runners advance one base, the ball shall continue to be in play with runners being liable to be put out.

5. A team consists of 8 players, 4 of each gender. In addition, a team may play legally with 6 or 6 players provided they do not have less than 3 of one gender and no more than 4 of one gender. If a team plays with 7 or 6 players they will not be assessed automatic outs when the missing player(s) turn comes up in the batting order.

6. **The play is ended and the ball is dead when the umpire calls “time”. Returning the ball to the pitcher’s rubber does not automatically mean the play has ended (2018 Clarification).**

Sample Kicking Order with 9 players:

First Time Thru Order		Second Time Thru Order		Third Time Thru Order	
1.	Female #1	1.	Female #1	1.	Female #1
2.	Male #1	2.	Male #2	2.	Male #3
3.	Female #2	3.	Female #2	3.	Female #2
4.	Male #2	4.	Male #3	4.	Male #4
5.	Female #3	5.	Female #3	5.	Female #3
6.	Male #3	6.	Male #4	6.	Male #1
7.	Female #4	7.	Female #4	7.	Female #4
8.	Male #4	8.	Male #1	8.	Male #2
9.	Female #5	9.	Female #5	9.	Female #5
10.	Male #1	10.	Male #2	10.	Male #3