

# City of Rochester



WHEREAS, on March 22, 1972, President Richard Nixon signed into law a measure that amended the Older Americans Act of 1965 and established a national nutrition program for seniors 60 years and older; and

WHEREAS, Meals on Wheels America established the March for Meals campaign in March 2002 to recognize the historic month, the importance of the Older Americans Act Nutrition Programs, both congregate and home-delivered, and raise awareness about the escalating problem of senior hunger in America; and

WHEREAS, the 2022 observance of March for Meals celebrates 20 years of providing an opportunity to support Meals on Wheels programs that deliver vital and critical services by donating, volunteering and raising awareness about senior hunger and isolation; and

WHEREAS, Meals on Wheels programs – both congregate and home-delivered, in Rochester, have served our communities admirably for over 50 years; and

WHEREAS, volunteers for Meals on Wheels programs in Rochester are the backbone of the program and they not only deliver nutritious meals to seniors and individuals with disabilities who are at significant risk of hunger and isolation, but also caring concern and attention to their welfare; and

WHEREAS, Meals on Wheels programs in Rochester provide nutritious meals to seniors throughout the City of Rochester that help them maintain their health and independence, thereby preventing unnecessary falls, hospitalizations and/or premature institutionalization; and

WHEREAS, Meals on Wheels programs in Rochester provide a powerful opportunity for social connection for seniors to help combat the negative health effects and economic consequences of loneliness and isolation; and

WHEREAS, Meals on Wheels programs in Rochester deserve recognition for the heroic contributions and essential services they have provided amid the COVID-19 pandemic and will continue to provide to local communities, our State and our Nation long after it is over.

NOW THEREFORE: I, Kim Norton, Mayor of the City of Rochester, do hereby proclaim March 2022, as the 20<sup>th</sup> Annual

## **March For Meals Month**

and urge every citizen to take this month to honor our Meals on Wheels programs, the seniors they serve and the volunteers who care for them. Our recognition of, and involvement in, the national 2022 March for Meals campaign enriches our entire community and helps combat senior hunger and isolation in Rochester and America.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the corporate seal of the City of Rochester to be affixed this 21st day of March, 2022.

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Kim Norton, Mayor  
City of Rochester, Minnesota